



## shareables

### soup of the day 7.49

#### mediterranean flat bread

tomato, red onion, greek olives, basil pesto, mozzarella and feta cheese, balsamic drizzle 14.99

#### 3 cheese garlic bread

sundried tomato pesto garlic butter, melted parmesan cheese, asiago cheese and aged white cheddar, toasted baguette 10.99

#### buffalo cauliflower

flour dusted fried cauliflower, buffalo sauce, blue cheese, scallions, carrots 16.99

#### 4 cheese spinach & artichoke dip

mozzarella, aged cheddar, parmesan, romano cheeses, fresh spinach and artichokes, served with deep fried pita bread 16.99

#### mediterranean shrimp **MP FAVOURITE**

pan seared tiger prawns, bruschetta, spinach, tomato basil sauce, feta cheese, pistachios, garlic baguette 19.99

#### ahi tuna sliders **MP FAVOURITE**

toasted brioche, lime slaw, pan seared tuna, avocado, wasabi mayo, sesame ginger soy drizzle 19.99

#### lobster and crab stuffed mushrooms

large stuffed mushrooms, crab and lobster meat, double smoked bacon, cream cheese, garlic butter, spicy cilantro aioli 19.99

#### baha fish tacos

crispy fried haddock, cilantro lime slaw, wickedly good taco sauce, fresh cut salsa, scallions, grilled flour tortillas 17.99

#### street chicken tacos

slow roasted achiote chicken, cilantro lime slaw, fresh cut salsa, sliced avocado 17.99

#### coconut shrimp

coconut crusted shrimp, horseradish marmalade 16.99

#### greek fries

tzatziki, feta, bruschetta mix, gyro meat, scallions 11.99

#### my place mussels

fresh mussels, tomato, pancetta, fresh herbs, white wine 18.99

#### crispy kalamari

breaded fried squid, capers, artichokes, spicy cilantro aioli 17.99

#### saganaki opa! my place favourite **MP FAVOURITE**

kefalotiri cheese flambeed table side, fresh lemon, grilled pita 17.99

#### dipping platter

hummus, basil pesto, avocado dip, tzatziki, sundried tomato goat cheese, fig jam, extra virgin olive oil, roasted garlic, mediterranean olives, grilled pita 20.99

#### nachos **MP FAVOURITE**

crispy tortilla chips, cheddar, mozza, monterey jack, fresh cut salsa, sliced jalapeno, spring onion, sour cream, guacamole 22.99 (add chicken + 6.99, add steak + 8.99, add ground beef + 6.99, add extra cheese + 4.99)

#### chicken wings (try them 12 different ways!) **MP FAVOURITE**

mild, medium, hot, blazing hot, bbq, smokey chipotle bbq, cajun, honey garlic, salt and pepper, sriracha, parmesan garlic or asian sesame cashew (10) 16.99 (20) 29.99

## salads

### california avocado salad

grilled chicken breast, arugula, cherry tomatoes, sweet peppers, red onion, double smoked bacon, blue cheese, avocado chunks, toasted walnuts, ranch drizzle 23.99

### asian beef salad **MP FAVOURITE**

asian marinated steak, mixed greens, red radish, creamy goat cheese, spiced pecans, crispy wonton, sundried tomato, asian sesame dressing 25.99

### sesame crusted tuna salad

medium rare sesame crusted ahi tuna, sweet teriyaki sauce, mixed greens, snap peas, carrots, sweet peppers, red radish, cashews, crispy wontons, asian sesame dressing 27.99

### greek salad

crisp romaine, tomato, cucumber, red onion, greek olives, sweet peppers, feta cheese, greek vinaigrette: starter 9.99 large 16.99

### caesar salad

romaine lettuce, croutons, smoked bacon, caesar dressing, shaved parmesan: starter 9.99 large 16.99

### mixed greens

tomato, red onion, cucumber, sweet peppers, red radish, white balsamic vinaigrette: starter 9.49 large 15.99

#### add:

- + grilled chicken breast 6.49
- + pan seared garlic tiger prawns 8.99
- + grilled chicken souvlaki skewers 7.99
- + sirloin steak 8.99
- + 8 oz pan seared salmon 13.99
- + pan seared tuna 13.99

## hand helds

all hand helds come with your choice of fresh cut fries mixed greens salad with our white balsamic vinaigrette

### prime rib sandwich **MP FAVOURITE**

slow-roasted prime rib, horseradish dijon mayo, onion baguette, beef jus 22.99

### reuben sandwich

shaved corned beef, swiss cheese, sauerkraut, russian dressing, grilled marble rye bread 21.99

### southern fried buffalo chicken sandwich

buttermilk fried chicken breast, cilantro lime slaw, hot sauce, guacamole, fresh cut salsa, blue cheese crumble, sesame seed bun 22.99

### grilled chicken & goat cheese wrap

goat cheese, fig jam, roasted red pepper, caramelized onion, grilled chicken, baby arugula, avocado, grilled tortilla 20.99

### chicken parmesan sandwich

garlic baguette, parmesan-panko crusted chicken, tomato basil sauce, fire roasted red peppers, mozzarella cheese 20.99

### chicken souvlaki

grilled pita, marinated grilled chicken breast, tomato, red onion, feta cheese, tzatziki, crispy romaine 18.99

### gyro souvlaki

grilled pita, shaved lamb and beef, tomato, red onion, feta cheese, tzatziki, crispy romaine 18.99

### veggie wrap

roasted portobello mushroom, zucchini, eggplant, red onions, roasted red pepper, mixed greens, sundried tomato goat cheese, grilled tortilla 18.99

#### substitute:

- + caesar salad 1.99
- + greek salad 2.99
- + sweet fries 3.99
- + parmesan garlic fresh cut fries with truffle aoli 3.99
- + turn your fries into a poutine 3.99
- + greek fries 3.99

## dips for fries 2.19

- spicy cilantro aioli • horseradish dijon mayo
- basil pesto mayo • chipotle mayo • sriracha sour cream
- tzatziki • regular mayo • chipotle bbq sauce
- 40 creek bbq sauce • truffle aoli (2.89)

### REGULAR HOURS:

TUES-THURS 11:30 AM-10 PM • FRI-SAT 11:30 AM-11 PM  
• SUN 8:30 AM-9 PM • CLOSED MONDAYS

MYPLACEBARANDGRILL.CA



• applicable taxes are extra  
• please inform us of any food allergies and we will do our best to accommodate them

## burgers

our burgers are made in house with 100% canadian ground chuck charbroiled and served on a fresh sesame seed bun with lettuce tomato, red onion, and pickle unless stated otherwise.... served with your choice of fresh cut fries or mixed greens with our white balsamic vinaigrette

### chef's dirty burger

double smoked bacon, caramelized onion, roasted mushrooms, swiss cheese, soft fried egg, truffle mayo 22.99

### 40 creek burger **MP FAVOURITE**

double smoked bacon, caramelized onion, aged white cheddar, crispy onion, 40 creek bbq sauce 21.99

### loaded burger

bacon, aged white cheddar, caramelized onion, roasted mushrooms 21.99

### chipotle burger

double smoked bacon, caramelized onion, aged white cheddar, sliced jalapeño, smokey chipotle mayo 21.99

### veggie cheeseburger (beyond meat burger)

plant based burger with aged white cheddar 20.99

### hamburger 17.99

### cheeseburger 18.99

### bacon cheeseburger 19.99

#### substitute:

- + caesar salad 1.99
- + greek salad 2.99
- + sweet fries 3.99
- + parmesan garlic fresh cut fries with truffle aoli 3.99
- + turn your fries into a poutine 3.99
- + greek fries 3.99

## noodles & rice bowls

all pastas and rice bowls served with garlic toast except ones with a dot •

### moroccan chicken •

moroccan spiced chicken, coconut milk, vegetables, steamed basmati rice, scallions, grilled pita, yogurt 17.99

### pad thai • **MP FAVOURITE**

rice noodles, grilled chicken, coconut peanut sauce, asian vegetables toasted cashews, fresh lime 18.99  
+ substitute tiger shrimp for chicken add 3.99

### rigatoni & meatballs

housemade meatballs, tomato basil sauce, shaved parmesan 17.99

### pollo pesto

penne noodles, grilled chicken breast, roasted red peppers, mushrooms, basil pesto cream sauce 18.99

### chicken alfredo

grilled chicken, linguini, garlic parmesan cream sauce 18.99

### shrimp alfredo

pan seared tiger prawns, linguini, garlic parmesan cream sauce 19.99

### penne rustico

grilled chicken, sundried tomatoes, roasted red peppers, portobello mushrooms, feta cheese, tomato basil sauce 18.99

+ whole wheat pasta available at your request 2.99  
✂ ask us about our gluten free menu

## pizza

neapolitan style thin crust pizza cooked in our specialty gas fired pizza oven using only the freshest ingredients... all pizzas are half sized and come with our signature pizza sauce, fresh mozzarella (unless stated otherwise) and a mixed green salad with our white balsamic vinaigrette ... regular sized pizzas are available by request

### basil pesto chicken pizza

grilled chicken, basil pesto, artichokes, broccoli, mozzarella, feta, roasted garlic, tomato, red onion 18.99

### 40 creek bbq chicken pizza

caramelized onion, double smoked bacon, grilled chicken, 40 creek bbq sauce, crispy onion 18.99

### mediterranean vegetarian pizza

sundried tomatoes, grilled zucchini/eggplant, sweet red onion, portobello mushroom, roasted red pepper, goat cheese 17.99

### classic pizza

pepperoni, mushroom 17.99

+ substitute our regular gluten free or cauliflower crust add \$4  
+ caesar salad 1.99  
+ greek salad 2.99

## dips for fries 2.19

spicy cilantro aioli • horseradish dijon mayo

- basil pesto mayo • chipotle mayo • sriracha sour cream
- tzatziki • regular mayo • truffle aoli (2.89)


## two piece fish and chips

crispy haddock, fresh cut fries, caper mayo, coleslaw 21.99  
• one piece 17.99

## sides

- garlic loaf 3.99
- pita bread 2.29
- fries 4.49
- sweet fries 6.99
- poutine 9.49
- truffle fries 9.49

- applicable taxes are extra
- please inform your server of any food allergies and we will do our best to accommodate them

 gluten free menu available (ask your server)



# FAMILY MEAL BUNDLES

AVAILABLE FOR CURBSIDE TAKEOUT OR DELIVERY ONLY

### rigatoni & meatballs (feeds 4 ppl)

mixed green salad, rigatoni & meatballs, warm garlic loaf 75

### chicken parmesan & penne (feeds 4 ppl)

mixed green salad, chicken parmesan, warm garlic loaf 85

### mushroom asiago chicken (feeds 4 ppl)

mixed green salad, mushroom asiago chicken, garlic mashed, seasonal vegetables warm garlic loaf 95

### pizza & wing combo

two 12 inch pizzas with 2 toppings + 20 chicken wings 55

### fish & chips (feeds 4 ppl)

mixed green salad, crispy haddock, fresh cut fries, caper mayo, coleslaw 85

### chicken souvlaki meal (feeds 4-5 ppl)

- greek salad • spanakopita • chicken souvlaki skewers
- roasted greek potatoes • rice • grilled pita bread • tzatziki
- baklava

4 person meal 110 | 2 person meal 60

applicable taxes are extra