



shareables

soup of the day 7.49

mediterranean flat bread

tomato, red onion, greek olives, basil pesto, mozzarella and feta cheese, balsamic drizzle 14.99

3 cheese garlic bread

sundried tomato pesto garlic butter, melted parmesan cheese, asiago cheese and aged white cheddar, toasted baguette 10.99

buffalo cauliflower

flour dusted fried cauliflower, buffalo sauce, blue cheese, scallions, carrots 16.99

4 cheese spinach & artichoke dip

mozzarella, aged cheddar, parmesan, romano cheeses, fresh spinach and artichokes, served with deep fried pita bread 16.99

mediterranean shrimp **MP FAVOURITE**

pan seared tiger prawns, bruschetta, spinach, tomato basil sauce, feta cheese, pistachios, garlic baguette 19.99

ahi tuna sliders **MP FAVOURITE**

toasted brioche, lime slaw, pan seared tuna, avocado, wasabi mayo, sesame ginger soy drizzle 19.99

lobster and crab stuffed mushrooms

large stuffed mushrooms, crab and lobster meat, double smoked bacon, cream cheese, garlic butter, spicy cilantro aioli 19.99

baha fish tacos

crispy fried haddock, cilantro lime slaw, wickedly good taco sauce, fresh cut salsa, scallions, grilled flour tortillas 17.99

street chicken tacos

slow roasted achiote chicken, cilantro lime slaw, fresh cut salsa, sliced avocado 17.99

coconut shrimp

coconut crusted shrimp, horseradish marmalade 16.99

greek fries

tzatziki, feta, bruschetta mix, gyro meat, scallions 11.99

my place mussels

fresh mussels, tomato, pancetta, fresh herbs, white wine 18.99

crispy kalamari

breaded fried squid, capers, artichokes, spicy cilantro aioli 17.99

saganaki opa! my place favourite **MP FAVOURITE**

kefalotiri cheese flambéed table side, fresh lemon, grilled pita 17.99

dipping platter

hummus, basil pesto, avocado dip, tzatziki, sundried tomato goat cheese, fig jam, extra virgin olive oil, roasted garlic, mediterranean olives, grilled pita 20.99

nachos **MP FAVOURITE**

crispy tortilla chips, cheddar, mozza, monterey jack, fresh cut salsa, sliced jalapeno, spring onion, sour cream, guacamole 22.99 (add chicken + 6.99, add steak + 8.99, add ground beef + 6.99, add extra cheese + 4.99)

chicken wings (try them 12 different ways!) **MP FAVOURITE**

mild, medium, hot, blazing hot, bbq, smokey chipotle bbq, cajun, honey garlic, salt and pepper, sriracha, parmesan garlic or asian sesame cashew (10) 16.99 (20) 29.99

salads

california avocado salad

grilled chicken breast, arugula, cherry tomatoes, sweet peppers, red onion, double smoked bacon, blue cheese, avocado chunks, toasted walnuts, ranch drizzle 23.99

asian beef salad **MP FAVOURITE**

asian marinated steak, mixed greens, red radish, creamy goat cheese, spiced pecans, crispy wonton, sundried tomato, asian sesame dressing 25.99

sesame crusted tuna salad

medium rare sesame crusted ahi tuna, sweet teriyaki sauce, mixed greens, snap peas, carrots, sweet peppers, red radish, cashews, crispy wontons, asian sesame dressing 27.99

greek salad

crisp romaine, tomato, cucumber, red onion, greek olives, sweet peppers, feta cheese, greek vinaigrette: starter 9.99 large 16.99

caesar salad

romaine lettuce, croutons, smoked bacon, caesar dressing, shaved parmesan: starter 9.99 large 16.99

mixed greens

tomato, red onion, cucumber, sweet peppers, red radish, white balsamic vinaigrette: starter 9.49 large 15.99

- add:**
- + grilled chicken breast 6.49
 - + pan seared garlic tiger prawns 8.99
 - + grilled chicken souvlaki skewers 7.99
 - + sirloin steak 8.99
 - + 8 oz pan seared salmon 13.99
 - + pan seared tuna 13.99

mains

all mains are served with seasonal vegetables and your choice of rice pilaf, garlic mash, baked potato or fresh cut fries (except chicken parmesan)

maple bacon chicken

pan seared chicken breast, melted brie cheese, toasted walnuts, caramelized onions, maple bacon cream sauce 29.99

california avocado chicken

pan seared chicken breast, goats cheese, guacamole, pico de gallo, prosciutto crisp, served with rice and seasonal vegetables 29.99

mushroom asiago chicken **MP FAVOURITE**

parmesan-panko crusted chicken, roasted red pepper, cremini mushroom asiago cream sauce 27.99

chicken parmesan

parmesan-panko crusted chicken, mozzarella cheese, tomato basil sauce, penne 26.99

citrus salmon

eight ounce, pan seared salmon, citrus butter herb reduction 31.99

two piece fish & chips

crispy haddock, fresh cut fries, caper mayo, coleslaw 21.99 • one piece 17.99

chef inspired steaks

served with seasonal vegetables with your choice of rice pilaf, garlic mash, baked potato or fresh cut fries

fourteen ounce AAA **MP FAVOURITE**

ribeye steak 42.99

eight ounce bacon wrapped black

angus beef tenderloin 41.99

blue cheese and bacon crusted sirloin

medium rare eight ounce baseball cut, blue cheese bacon crust 36.99

40 creek bbq sirloin steak

medium rare, eight ounce baseball cut, double smoked bacon bbq cream sauce, crispy onion 37.99

bourbon mushroom steak

medium rare, eight ounce baseball cut, peppercorn mushroom demi glaze 36.99

certified AAA top sirloin

eight ounce baseball cut, full-flavoured steak 31.99

- substitute:**
- + sweet fries 3.99
 - + loaded baked 4.49
 - + parmesan garlic fresh cut fries with truffle aoli 3.99
 - + sundried tomato goat cheese mash 4.79
 - + basil pesto asiago mash 4.79
 - + loaded mash cheddar cheese, bacon, scallion, sour cream 4.79

+ steak accessories

- + sautéed onions 4.99
- + roasted mushrooms 4.99
- + bourbon peppercorn sauce 7.99
- + pan seared garlic tiger prawns 9.99
- + double smoked bacon bbq cream sauce 8.49
- + crab, cheese and bacon stuffed portobello mushroom 11.99
- + portobello blue cheese cream sauce 8.49
- + blue cheese and bacon crust 5.99

DEGREES OF DONENESS

BLUE
very red cold center

RARE
red cool center

MEDIUM RARE
red warm center

MEDIUM
pink hot center

MEDIUM WELL
hint of pink

WELL DONE
no trace of pink

REGULAR HOURS:

TUES-THURS 11:30 AM-10 PM • FRI-SAT 11:30 AM-11 PM
• SUN 8:30 AM-9 PM • CLOSED MONDAYS

hand helds

all hand helds come with your choice of fresh cut fries or mixed greens salad with our white balsamic vinaigrette

prime rib sandwich **MP FAVOURITE**

slow-roasted prime rib, horseradish dijon mayo, onion baguette, beef jus 22.99

reuben sandwich

shaved corned beef, swiss cheese, sauerkraut, russian dressing, grilled marble rye bread 21.99

southern fried buffalo chicken sandwich

buttermilk fried chicken breast, cilantro lime slaw, hot sauce, guacamole, fresh cut salsa, blue cheese crumble, sesame seed bun 22.99

grilled chicken & goat cheese wrap

goat cheese, fig jam, roasted red pepper, caramelized onion, grilled chicken, baby arugula, avocado, grilled tortilla 20.99

substitute:

- + caesar salad 1.99
- + greek salad 2.99
- + sweet fries 3.99
- + parmesan garlic fresh cut fries with truffle aoli 3.99
- + turn your fries into a poutine 3.99
- + greek fries 3.99

dips for fries 2.19

- spicy cilantro aioli • horseradish dijon mayo
- basil pesto mayo • chipotle mayo • sriracha sour cream
- tzatziki • regular mayo • chipotle bbq sauce
- 40 creek bbq sauce • truffle aoli (2.89)

burgers

our burgers are made in house with 100% canadian ground chuck charbroiled and served on a fresh sesame seed bun with lettuce tomato, red onion, and pickle unless stated otherwise.... served with your choice of fresh cut fries or mixed greens with our white balsamic vinaigrette

chef's dirty burger

double smoked bacon, caramelized onion, roasted mushrooms, swiss cheese, soft fried egg, truffle mayo 22.99

40 creek burger **MP FAVOURITE**

double smoked bacon, caramelized onion, aged white cheddar, crispy onion, 40 creek bbq sauce 21.99

loaded burger

bacon, aged white cheddar, caramelized onion, roasted mushrooms 21.99

chipotle burger

double smoked bacon, caramelized onion, aged white cheddar, sliced jalapeño, smokey chipotle mayo 21.99

veggie cheeseburger (beyond meat burger)

plant based burger with aged white cheddar 20.99

hamburger 17.99

cheeseburger 18.99

bacon cheeseburger 19.99

substitute:

- + caesar salad 1.99
- + greek salad 2.99
- + sweet fries 3.99
- + parmesan garlic fresh cut fries with truffle aoli 3.99
- + turn your fries into a poutine 3.99
- + greek fries 3.99

sides

- garlic loaf 3.99
- pita bread 2.29
- fries 4.49
- sweet fries 6.99
- poutine 9.49
- truffle fries 9.49
- garlic mashed 5.49
- baked potato 5.49
- loaded baked potato 7.99
- rice pilaf 5.49
- seasonal vegetables 5.49

noodles & rice bowls

pad thai **MP FAVOURITE**

rice noodles, grilled chicken, coconut peanut sauce, asian vegetables, toasted cashews, fresh lime 26.99

+ substitute tiger shrimp for chicken add 5.99

asian beef bowl

grilled steak, broccoli, mushrooms, bok choy, snow peas, red onion, sticky rice, cashews, sesame ginger soy sauce 26.99

+ substitute chicken no charge

+ substitute shrimp add 5.99

moroccan chicken

moroccan spiced chicken, coconut milk, vegetables, steamed basmati rice, scallions, grilled pita, yogurt 25.99

butternut squash ravioli

squash stuffed ravioli, toasted walnuts, caramelized apples, diced sweet peppers, goat cheese crumble, maple bacon cream sauce 25.99

rigatoni & meatballs

house made meatballs, tomato basil sauce, shaved parmesan 23.99

pollo pesto

penne noodles, grilled chicken breast, roasted red peppers, mushrooms, basil pesto cream sauce 26.99

chicken alfredo

grilled chicken, linguini, garlic parmesan cream sauce 24.99

shrimp and lobster mac & cheese

four cheese cream sauce, curly pasta, double smoked bacon, lobster chunks, black tiger shrimp 32.99

shrimp alfredo

pan seared tiger prawns, linguini, garlic parmesan cream sauce 29.99

penne rustico

grilled chicken, sundried tomatoes, roasted red peppers, portobello mushrooms, feta cheese, tomato basil sauce 24.99

pizza

neapolitan style thin crust pizza cooked in our specialty gas fired pizza oven using only the freshest ingredients... all pizzas come with our signature pizza sauce and mozzarella unless stated otherwise

basil pesto chicken pizza

grilled chicken, basil pesto, artichokes, broccoli, mozzarella, feta, roasted garlic, tomato, red onion 23.99

40 creek bbq chicken pizza

caramelized onion, double smoked bacon, grilled chicken, 40 creek bbq sauce, crispy onion 23.99

mediterranean vegetarian pizza

oven-roasted tomatoes, grilled zucchini/eggplant, sweet red onion, portobello mushroom, roasted red pepper, goat cheese 21.99

classic pizza

pepperoni, mushroom 22.99

+ whole wheat pasta available at your request 2.99
 ✖ ask us about our gluten free menu

substitute our regular gluten free or cauliflower crust add \$7

MYPLACEBARANDGRILL.CA



• applicable taxes are extra
 • please inform us of any food allergies and we will do our best to accommodate them

FAMILY MEAL BUNDLES

AVAILABLE FOR CURBSIDE TAKEOUT OR DELIVERY ONLY



rigatoni & meatballs (feeds 4 ppl)

mixed green salad, rigatoni & meatballs, warm garlic loaf 75

chicken parmesan & penne (feeds 4 ppl)

mixed green salad, chicken parmesan, warm garlic loaf 85

mushroom asiago chicken (feeds 4 ppl)

mixed green salad, mushroom asiago chicken, garlic mashed, seasonal vegetables warm garlic loaf 95

pizza & wing combo

two 12 inch pizzas with 2 toppings + 20 chicken wings 55

fish & chips (feeds 4 ppl)

mixed green salad, crispy haddock, fresh cut fries, caper mayo, coleslaw 85

chicken souvlaki meal (feeds 4-5 ppl)

• greek salad • spanakopita • chicken souvlaki skewers
 • roasted greek potatoes • rice • grilled pita bread • tzatziki

• baklava

4 person meal 110 | 2 person meal 60

applicable taxes are extra