



mains

all mains are served with seasonal vegetables and your choice of rice pilaf, garlic mash, baked potato or fresh cut fries

small plates

4 cheese spinach & artichoke dip

mozzarella, aged cheddar, parmesan, romano cheeses, fresh spinach and artichokes, served with corn tortilla chips 14.99

buffalo cauliflower

oven baked cauliflower, buffalo sauce, blue cheese, scallions, carrots 14.99

lobster and crab stuffed mushrooms

large stuffed mushrooms, crab and lobster meat, double smoked bacon, cream cheese, garlic butter, spicy cilantro aioli 16.99

greek fries

tzatziki, feta, bruschetta mix, gyro meat, scallions 9.99

dipping platter

humus, basil pesto, avocado dip, tzatziki, sundried tomato goat cheese, fig jam, extra virgin olive oil, roasted garlic, mediterranean olives, corn tortillas 17.99

nachos **FAVOURITE**

crispy tortilla chips, cheddar, mozza, pico de gallo, sliced jalapeno, spring onion, sour cream, guacamole 18.99 (add chicken + 5.99, add steak + 7.49, add ground beef + 6.49, add extra cheese + 3.49)

chicken wings (try them 11 different ways!) **FAVOURITE**

mild, medium, hot, blazing hot, bbq, smokey chipotle bbq, cajun, honey garlic, salt and pepper, sriracha or parmesan garlic (10) 13.99 (20) 26.99

salads

california avocado salad

grilled chicken breast, arugula, cherry tomatoes, sweet peppers, red onion, double smoked bacon, blue cheese, avocado chunks, toasted walnuts, ranch drizzle 19.99

asian beef salad

asian marinated steak, mixed greens, creamy goat cheese, spiced pecans, sundried tomato, asian sesame dressing 20.99

sesame crusted tuna salad

medium rare sesame crusted ahi tuna, sweet teriyaki sauce, mixed greens, snap peas, carrots, sweet peppers, asian sesame dressing 21.99

greek salad

crisp romaine, tomato, cucumber, red onion, greek olives, sweet peppers, feta cheese, greek vinaigrette: starter 8.49 large 13.69

caesar salad

romaine lettuce, pancetta, caesar dressing, shaved parmesan: starter 8.49 large 13.69

mixed greens

tomato, red onion, cucumber, sweet peppers, white balsamic vinaigrette: starter 7.99 large 12.69

+

add:

- + grilled chicken breast 5.99
- + pan seared shrimp 6.79
- + grilled chicken souvlaki skewers 6.79
- + sirloin steak 7.49
- + 8 oz pan seared salmon 10.99

california avocado chicken

pan seared chicken breast, goats cheese, guacamole, pico de gallo, prosciutto crisp, served with rice and seasonal vegetables 26.99

mushroom asiago chicken

pan seared chicken breast, roasted red pepper, cremini mushroom asiago cream sauce 22.99

citrus salmon

eight ounce, pan seared salmon, citrus butter herb reduction 25.99

chef inspired steaks

served with seasonal vegetables with your choice of rice pilaf, garlic mash, baked potato or fresh cut fries

blue cheese and bacon crusted sirloin

medium rare eight ounce baseball cut, blue cheese bacon crust 29.99

40 creek bbq sirloin steak

medium rare, eight ounce baseball cut, double smoked bacon bbq cream sauce, caramelized onion 30.99

bourbon mushroom steak

medium rare, eight ounce baseball cut, peppercorn mushroom demi glaze 29.99

certified aaa top sirloin

eight ounce baseball cut, full-flavoured steak 24.99

+

substitute:

- + sweet fries 3.29
- + loaded baked 3.99
- + parmesan garlic fresh cut fries with truffle aoli 3.49
- + sundried tomato goat cheese mash 3.99
- + basil pesto asiago mash 3.99
- + loaded mash cheddar cheese, bacon, scallion, sour cream 3.99

+

steak accessories

- + sautéed onions 4.29
- + roasted mushrooms 4.29
- + bourbon peppercorn sauce 5.79
- + pan seared garlic tiger prawns 6.79
- + double smoked bacon bbq cream sauce 7.99
- + crab, cheese and bacon stuffed portobello mushroom 7.99
- + portobello blue cheese cream sauce 5.79

DEGREES OF DONENESS

BLUE
very red cold center

RARE
red cool center

MEDIUM RARE
red warm center

MEDIUM
pink hot center

MEDIUM WELL
hint of pink

WELL DONE
no trace of pink

REGULAR HOURS:

TUES-THURS 11:30 AM-10 PM • FRI-SAT 11:30 AM-11 PM • SUN 11:30 AM-9 PM

CURBSIDE TAKEOUT AVAILABLE DURING THESE TIMES

DELIVERY: TUES-SUN 4-9 PM

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DELIVERY: TUES-SUN 4-9 PM

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• applicable taxes are extra
• please inform us of any food allergies and we will do our best to accommodate them

hand helds

all hand helds come with your choice of fresh cut fries, caesar or mixed greens salad with our white balsamic vinaigrette

prime rib sandwich

slow-roasted prime rib, horseradish dijon mayo, gluten free tortilla, beef jus 19.99

reuben sandwich

shaved corned beef, swiss cheese, sauerkraut, russian dressing, gluten free tortilla 18.99

chicken souvlaki

gluten free tortilla, marinated grilled chicken breast, tomato, red onion, feta cheese, tzatziki, crispy romaine 17.99

veggie wrap

roasted portobello mushroom, zucchini, eggplant, red onions, roasted red pepper, mixed greens, sundried tomato goat cheese, gluten free tortilla 16.99

grilled chicken & goat cheese wrap

goat cheese, fig jam, roasted red pepper, caramelized onion, grilled chicken, baby arugula, avocado, gluten free tortilla 18.99

substitute:

- + sweet fries 3.29
- + parmesan garlic fresh cut fries with truffle aoli 3.49
- + turn your fries into a poutine 3.69

dips for fries 1.69

spicy cilantro aioli • horseradish dijon mayo

- basil pesto mayo • chipotle mayo • sriracha sour cream
- tzatziki • regular mayo • truffle aoli (2.29)

burgers

our burgers are made in house with 100% canadian ground chuck charbroiled and served on a gluten free bun with lettuce tomato, red onion, and pickle unless stated otherwise....served with your choice of fresh cut fries, caesar or mixed greens with our white balsamic vinaigrette

chef's dirty burger

double smoked bacon, caramelized onion, roasted mushrooms, swiss cheese, soft fried egg, truffle mayo 21.99

40 creek burger

double smoked bacon, aged white cheddar, caramelized onion, 40 creek bbq sauce 20.99

loaded burger

bacon, aged white cheddar, caramelized onion, roasted mushrooms 20.99

chipotle burger

double smoked bacon, caramelized onion, aged white cheddar, sliced jalapeño, smokey chipotle mayo 20.99

veggie cheeseburger burger

(beyond meat burger)

plant based burger with aged white cheddar 20.99

hamburger

16.99

cheeseburger

17.99

bacon cheeseburger

18.99

substitute:

- + sweet fries 3.29
- + parmesan garlic fresh cut fries with truffle aoli 3.49
- + turn your fries into a poutine 3.69

noodles & rice bowls

moroccan chicken

moroccan spiced chicken, coconut milk, vegetables, steamed basmati rice, scallions, yogurt 22.99

asian beef bowl

grilled steak, broccoli, mushrooms, snow peas, red onion, sticky rice, cashews, sesame ginger soy sauce 22.99

+ substitute chicken no charge

+ substitute shrimp add 5.99

pad thai

rice noodles, grilled chicken, coconut peanut sauce, asian vegetables, toasted cashews, fresh lime 22.99

+ substitute tiger shrimp for chicken add 5.99

pollo pesto

gluten free penne, grilled chicken breast, roasted red peppers, basil pesto cream sauce 23.99

chicken alfredo

gluten free penne, grilled chicken, garlic parmesan cream sauce 21.99

shrimp alfredo

gluten free penne, pan seared tiger prawns, garlic parmesan cream sauce 25.99

penne rustico

gluten free penne, grilled chicken, sundried tomatoes, roasted red peppers, portobello mushrooms, feta cheese, tomato basil sauce 21.99

pizza

all pizzas are gluten free with gluten free dough...neapolitan style thin crust pizza cooked in our specialty gas fired pizza oven using only the freshest ingredients... all pizzas come with our signature pizza sauce and mozzarella unless stated otherwise

basil pesto chicken pizza

grilled chicken, basil pesto, artichokes, broccoli, mozzarella, feta, roasted garlic, tomato, red onion 20.99

40 creek bbq chicken pizza

caramelized onion, double smoked bacon, grilled chicken, 40 creek bbq sauce 20.99

mediterranean vegetarian

oven-roasted tomatoes, grilled zucchini/eggplant, sweet red onion, portobello mushroom, roasted red pepper, goat cheese 18.99

classic

pepperoni, mushroom 18.99



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