

## noodles

### pad thai

rice noodles, grilled chicken, coconut peanut sauce, toasted cashews, fresh lime 21.99

+ substitute tiger shrimp for chicken add 5.99

### tuscan mac and cheese

gluten free penne, grilled chicken, spinach, red onion, sundried tomatoes, cheddar, mozzarella and asiago cheeses 22.99

### pollo pesto

gluten free penne, grilled chicken breast, roasted red peppers, basil pesto cream sauce 22.99

### chicken and shrimp penne

gluten free penne, grilled chicken, tiger shrimp, zucchini, roasted red peppers, spinach, asiago cream sauce 24.99

### chicken alfredo

gluten free penne, grilled chicken, garlic parmesan cream sauce 20.99

### shrimp alfredo

gluten free penne, pan seared tiger prawns, garlic parmesan cream sauce 25.99

### bacon scallop penne

gluten free penne, double smoked bacon wrapped scallops, roasted red pepper, bacon, garlic parmesan cream sauce 28.99

### penne rustico

gluten free penne, grilled chicken, sundried tomatoes, roasted red peppers, portobello mushrooms, feta cheese, tomato basil sauce 20.99

## pizza

all pizzas are gluten free with gluten free dough... neapolitan style thin crust pizza cooked in our specialty gas fired pizza oven using only the freshest ingredients... all pizzas come with our signature pizza sauce and mozzarella unless stated otherwise

### harvest pizza

grilled chicken, mozzarella and brie cheese, caramelized apples, double smoked bacon, toasted walnuts basil pesto 19.99

### angry greek

black olive tapenade, mozzarella, feta, chunks of chicken souvlaki, bruschetta mix, baby arugula, tzatziki drizzle 19.99

### 40 creek bbq chicken pizza

caramelized onion, double smoked bacon, grilled chicken, 40 creek bbq sauce 19.99

### carnivore pizza

prosciutto, soppressata, pepperoni, double smoked bacon, red onion, mushroom 21.99

### margherita

buffalo mozzarella, cherry tomato, fresh basil, balsamic drizzle 17.99

### mediterranean vegetarian

oven-roasted tomatoes, grilled zucchini/eggplant, sweet red onion, portobello mushroom, roasted red pepper, goat cheese 17.99

### classic

pepperoni, mushroom 17.99

- please inform your server of any food allergies and we will do our best to accommodate them

- applicable taxes are extra



# MY PLACE BAR & GRILL

**EAT  
DRINK  
SOCIALIZE**

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# GLUTEN FREE MENU

## small plates

### 4 cheese spinach & artichoke dip

mozzarella, aged cheddar, parmesan, romano cheeses, fresh spinach and artichokes, served with corn tortilla chips 13.99

### buffalo cauliflower

oven baked cauliflower, buffalo sauce, blue cheese, scallions, carrots 13.99

### loaded cauliflower

oven baked cauliflower, melted cheddar and mozzarella cheese, diced red chilli peppers, green onion 15.99

### crab stuffed mushrooms

crimini mushrooms, crab meat, double smoked bacon, cream cheese, cilantro sour cream 12.99

### bacon wrapped scallops

grilled double smoked bacon wrapped scallops, bacon sweet corn spinach hash, smokey chipotle bbq sauce 17.99

### greek fries

tzatziki, feta, bruschetta mix, gyro meat 8.99

### my place mussels

fresh tomato, pancetta, herbs, white wine 14.99

### dipping platter

humus, eggplant dip, avocado dip, tzatziki, sundried tomato goat cheese, black olive tapenade, extra virgin olive oil, roasted garlic, mediterranean olives, corn tortillas 16.99

## salads

### apple and brie salad

diced green apple, brie cheese, toasted walnuts, red onion, peppered candied bacon, honey dijon dressing 16.99

### california avocado salad

grilled chicken breast, arugula, cherry tomatoes, sweet peppers, red onion, double smoked bacon, blue cheese, avocado chunks, toasted walnuts, ranch drizzle 18.99

### asian beef salad

asian marinated steak, mixed greens, creamy goat cheese, spiced pecans, sundried tomato, asian sesame dressing 19.99

### sesame crusted tuna salad

medium rare sesame crusted ahi tuna, sweet teriyaki sauce, mixed greens, snap peas, carrots, sweet peppers, asian sesame dressing 20.99

### greek salad

crisp romaine, tomato, cucumber, red onion, kalamata olives, sweet peppers, feta cheese, greek vinaigrette: starter 7.99 large 12.99

### caesar salad

romaine lettuce, pancetta, caesar dressing, shaved parmesan: starter 7.99 large 12.99

### mixed greens

tomato, red onion, cucumber, sweet peppers, white balsamic vinaigrette: starter 7.59 large 11.99



## mains

all mains are served with seasonal vegetables and your choice of rice pilaf, garlic mash, baked potato or fresh cut fries • red dot indicates no potato or seasonal vegetables

### california avocado chicken

pan seared chicken breast, goats cheese, guacamole, pico de gallo, prosciutto crisp, served with rice and seasonal vegetables 25.99

### maple bacon chicken

pan seared chicken breast, melted brie cheese, toasted walnuts, caramelized onions, maple bacon cream sauce 26.99

### mushroom asiago chicken

pan seared chicken breast, roasted red pepper, cremini mushroom asiago cream sauce 21.99

### moroccan chicken •

moroccan spiced chicken, coconut milk, vegetables, steamed basmati rice, yogurt 21.99

### citrus salmon

eight ounce, pan seared salmon, citrus butter herb reduction 24.99

### mediterranean salmon

pan seared prosciutto wrapped salmon, sundried pesto tapenade 27.99

### asian beef bowl •

grilled steak or chicken, broccoli, mushrooms, snow peas, red onion, sticky rice, sesame ginger soy sauce 21.99 + substitute shrimp add 5.99

#### substitute:

- + sweet fries 2.99
- + loaded baked 3.99
- + parmesan garlic fresh cut fries with truffle aoli 3.29
- + sundried tomato goat cheese mash 3.99
- + basil pesto asiago mash 3.99
- + loaded mash cheddar cheese, bacon, scallion, sour cream 3.99

## chef inspired steaks

served with seasonal vegetables with your choice of rice pilaf, garlic mash, baked potato or fresh cut fries

### blue cheese sirloin

medium rare, eight ounce baseball cut, portobello and bacon blue cheese cream sauce 28.99

### lobster crusted sirloin

medium rare eight ounce baseball cut sirloin, lobster, bacon cheese crust 31.99

### crab portobello sirloin

medium rare, eight ounce baseball cut, crab, cheese and bacon stuffed portobello mushroom, red wine demi 31.99

### 40 creek bbq sirloin steak

medium rare, eight ounce baseball cut, double smoked bacon bbq cream sauce 29.99

### bourbon mushroom steak

medium rare, eight ounce baseball cut, peppercorn mushroom demi glaze 28.99

## simply steaks

served with seasonal vegetables with your choice of rice pilaf, garlic mash, baked potato or fresh cut fries

### certified AAA top sirloin

eight ounce baseball cut, full-flavoured steak 23.99

### rib eye steak

fourteen ounce prime cut with the most marbling 29.99

### N.Y. Sirloin Steak

ten ounce prime cut top loin, full-flavoured steak 27.99

## + steak accessories

- + sautéed onions 3.99
- + roasted mushrooms 3.99
- + bourbon pepper corn sauce 5.49
- + pan seared garlic tiger prawns 6.49
- + double smoked bacon bbq cream sauce 7.99
- + pan seared tiger prawns with double smoked bacon corn hash 9.99
- + crab, cheese and bacon stuffed portobello mushroom 7.99
- + portobello blue cheese cream sauce 5.49
- + lobster bacon cheese crust 7.99



#### DEGREES OF DONENESS

- BLUE**  
very red cold center
- RARE**  
red cool center
- MEDIUM RARE**  
red warm center
- MEDIUM**  
pink hot center
- MEDIUM WELL**  
hint of pink
- WELL DONE**  
no trace of pink

## hand helds

all hand helds come with your choice of fresh cut fries, caesar or mixed greens salad with our white balsamic vinaigrette

### prime rib sandwich

slow-roasted prime rib, horseradish dijon mayo, gluten free tortilla, beef jus 18.99

### chicken and brie sandwich

grilled chicken, melted brie cheese, caramelized apples, peppered candied bacon, basil pesto mayo, gluten free tortilla 18.99

### chicken souvlaki

gluten free tortilla, marinated grilled chicken breast, tomato, red onion, feta cheese, tzatziki, crispy romaine 16.99

### gyro souvlaki

gluten free wrap, shaved lamb and beef, tomato, red onion, feta cheese, tzatziki, crispy romaine 16.99

### mediterranean chicken wrap

grilled chicken, basil pesto mayo, kalamata olives, kale, feta, red onion, gluten free wrap 16.99

### veggie wrap

roasted portobello mushroom, zucchini, eggplant, onions, roasted red pepper, mixed greens, sundried tomato goat cheese, gluten free tortilla 15.99

### grilled chicken & goat cheese wrap

goat cheese, fig jam, roasted red pepper, caramelized onion, grilled chicken, baby arugula, avocado, gluten free tortilla 17.99

#### substitute:

- + sweet fries 2.99
- + parmesan garlic fresh cut fries with truffle aoli 3.29
- + soup 1.59
- + turn your fries into a poutine 3.49

## DIPS FOR FRIES 1.59

- spicy cilantro aioli
- horseradish dijon mayo
- basil pesto mayo
- chipotle mayo
- sriracha sour cream
- sriracha ketchup
- truffle aoli (2.19)

## burgers

our burgers are made in house with 100% canadian ground chuck charbroiled and served on a gluten free bun with lettuce tomato, red onion, and pickle unless stated otherwise....served with your choice of fresh cut fries, caesar or mixed greens with our white balsamic vinaigrette

### chef's dirty burger

double smoked bacon, caramelized onion, roasted mushrooms, swiss cheese, soft fried egg, truffle mayo 21.49

### 40 creek burger

double smoked bacon jam, aged white cheddar, caramelized onion, 40 creek bbq sauce 20.49

### loaded burger

bacon, aged white cheddar, caramelized onion, roasted mushrooms 20.49

### harvest burger

melted brie cheese, caramelized apples, peppered candied bacon, arugula, basil pesto mayo 20.49

### chipotle burger

double smoked bacon, caramelized onion, aged white cheddar, sliced jalapeño, smokey chipotle mayo 20.49

### veggie cheeseburger burger (beyond meat burger)

plant based burger with aged white cheddar 20.49

### hamburger 16.49

### cheeseburger 17.49

### bacon cheeseburger 18.49

#### substitute:

- + sweet fries 2.99
- + parmesan garlic fresh cut fries with truffle aoli 3.29
- + soup 1.59
- + turn your fries into a poutine 3.49

